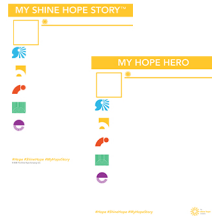
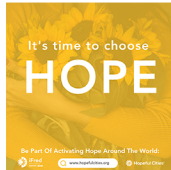




CHICAGO JOINS THE HOPEFUL CITIES® MOVEMENT




Hope is measurable and teachable, and all in Chicago are encouraged to visit their city resource page to access and download materials that can help grow hope.

Chicago residents may download these resources at no cost:



Scan to
Learn More

HOPE IS MEASURABLE AND TEACHABLE!

-  Hope is a protective factor for violence, drug/alcohol abuse, depression, anxiety, and suicide.
-  Higher hope can positively impact academic achievement, athletic performance, social connections, health, resilience, and more.
-  This course reveals facts on hope science from experts and personal experiences from graduate students.

WHAT'S YOUR
HOPE SCORE?



If you have questions email us at activate@theshinehopecompany.com

Find out more at

www.hopefulcities.org/unitedstates/illinois/chicago

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