

**Your Name Here**

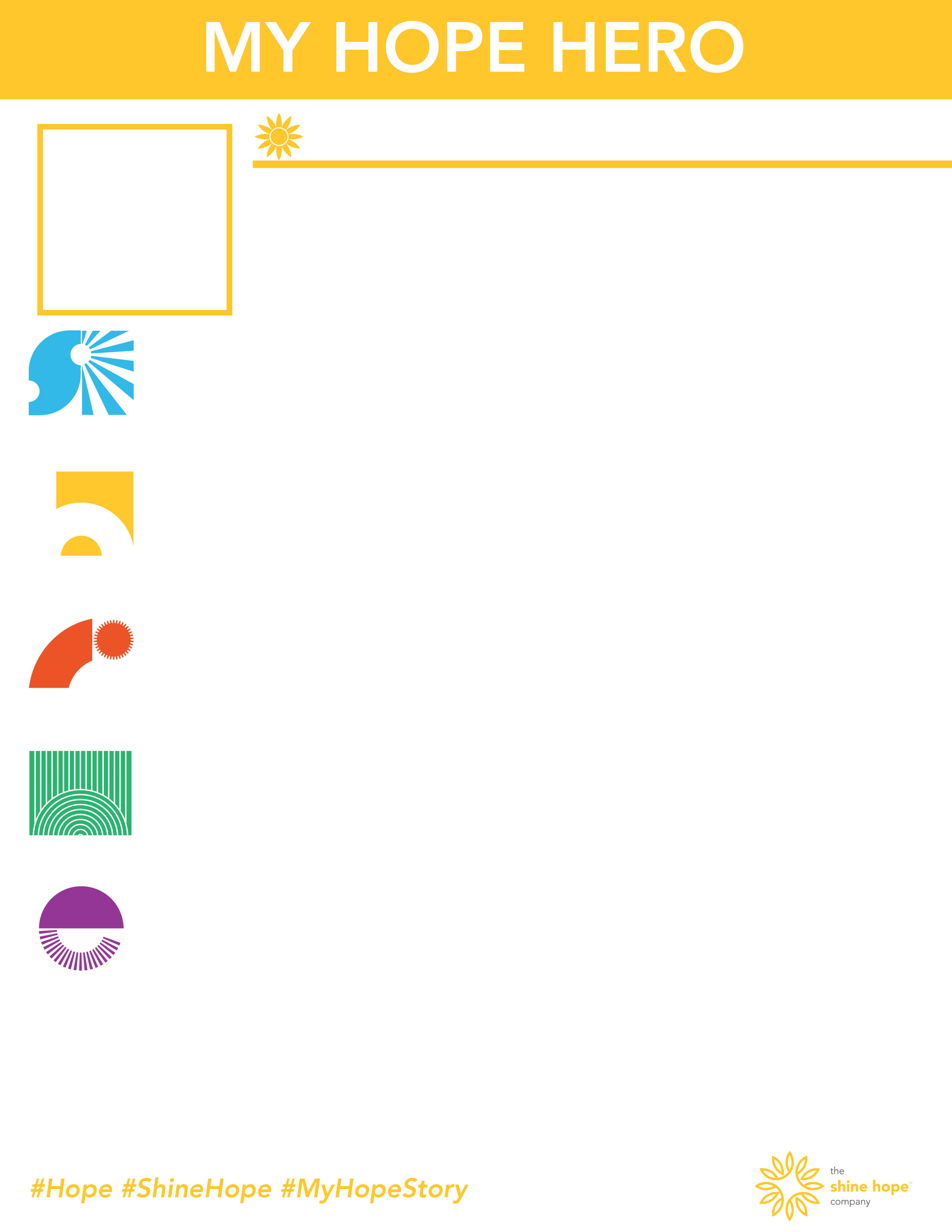
Background of your hope story.

Stress skills you used

Happiness Habits you used.

Inspired Actions you took?

Who are in your nourishing networks and how did they helped you?



What are the challenges you faced and how did you eliminate those challenges?

Conclusion of your hope story