Draft Resolution proposed for the General Assembly

International Day of Hope

*The General Assembly,*

*Recalling* its previous resolution 66/281 of 12 July 2012, which invites Member States to

pursue a more inclusive, equitable and balanced approach to economic growth that promotes sustainable development, poverty eradication, happiness, and the well-being of all peoples,

*Recognizing* in resolution 77/300 of 26 June 2023 that members were urged to adopt prevention strategies for depression and suicide, and that hopelessness, defined as emotional despair and motivational helplessness,[[1]](#endnote-1) is growing and is predictive of [weapon carrying on school property3, self-harm3, violence](https://pubmed.ncbi.nlm.nih.gov/20012345/),[[2]](#endnote-2) [addiction](https://www.researchgate.net/publication/289850946_Substance_abuse_among_college_students_Investigation_the_role_of_hopelessness/download),[[3]](#endnote-3) [risky behaviors](https://journals.sagepub.com/doi/pdf/10.2466/pr0.96.3.620-624?casa_token=tqBlseFiUhgAAAAA:nIskncSCD-d1P5IKJ8FvhRMKXROQOMSZrgJOZ7dmYxVxq-hM0TNvPZ5IlMUdKSIGOR04h_H0Xt8),[[4]](#endnote-4) [motor vehicle accidents](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5337762/),[[5]](#endnote-5) [psychological distress](https://link.springer.com/article/10.1007/s12529-021-10036-8),[[6]](#endnote-6) [depression](https://guilfordjournals.com/doi/abs/10.1521/soco.1985.3.1.36),[[7]](#endnote-7) anxiety,8 and [suicide](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6013307/),[[8]](#endnote-8) and that hopelessness often a consequence of [oppression and discrimination](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7679998/);[[9]](#endnote-9) thus it is often higher in vulnerable populations,

*Understanding* in resolution 70/1 of 25 September 2015 that the United Nations is determined to mobilize the means to reach the Sustainable Development Goals (SDGs), and that working towards goals without success can lead to hopelessness, further impeding goal progress; thus, not teaching others how to proactively manage hopelessness impacts our collective ability to implement the 2030 Agenda for Sustainable Development, including the SDGs,

*Recognizing* the goal outlined in resolution 77/300 of 26 June 2023 that further action must be taken to improve mental health and well-being, and that individuals with higher levels of hope are more likely to achieve their goals,[[10]](#endnote-10) subsequently improving their well-being, and that higher hope is associated with benefits in all areas of life, such as improved health outcomes (i.e., decreased risk of chronic health conditions and improved treatment adherence),[[11]](#endnote-11),[[12]](#endnote-12) improved academic outcomes (i.e., increased graduation rates[[13]](#endnote-13) and academic performance [[14]](#endnote-14)), improved workplace retention and productivity,[[15]](#endnote-15) reduced anxiety and depression,[[16]](#endnote-16) and improved social connectedness[[17]](#endnote-17)

*Emphasizing* that in in resolution 70/1 of 25 September 2015 there is an aim to meet the 17 SDGs andthat higher hope can help reach every single one of the SDGs: No Poverty,[[18]](#endnote-18) Zero Hunger,[[19]](#endnote-19) Good Health and Well-Being,[[20]](#endnote-20) Quality Education,[[21]](#endnote-21) Gender Equality,[[22]](#endnote-22) Clean Water and Sanitation,[[23]](#endnote-23) Affordable and Clean Energy,[[24]](#endnote-24) Decent Work and Economic Growth,[[25]](#endnote-25) Industry, Innovation, and Infrastructure,[[26]](#endnote-26) Reduced Inequality,[[27]](#endnote-27) Sustainable Cities and Communities,[[28]](#endnote-28) Responsible Consumption and Production,[[29]](#endnote-29) Climate Action,[[30]](#endnote-30) Life Below Water,[[31]](#endnote-31) Life on Land,[[32]](#endnote-32) Peace and Justice Strong Institutions,[[33]](#endnote-33) and Partnership to Achieve the Goals,[[34]](#endnote-34)

*Stressing* resolution 63/241 24 December 2008 that calls for the implementation of programming for to improve children well-being and resolution 74/2 of 10 October 2019 that noted the right of every human being to the highest attainable mental and physical health, and furtheringthat the knowledge of how to proactively manage hopelessness, and learn skills to move towards hope, should also be a fundamental human right, that [hope is teachable](https://pure.ulster.ac.uk/en/publications/developing-hopeful-minds-can-teaching-hope-improve-well-being-and) and learnable,[[35]](#endnote-35),[[36]](#endnote-36)and that teaching hope leads to the motivation to set and pursue goals, take risks, and initiate action[[37]](#endnote-37) which are all skills that are critical to attaining all goals in the Sustainable Development Goals (SDGS) and improving the well-being of children across the world,

*Recalling* the Secretary-General’s message on United Nations Day, 24 October 2022, amplifying the United Nations as the product of hope and asking the world to renew their hope, and that teaching hope to all provides solution to helping all renew hope, move beyond global strife and towards worldwide collaboration,

1. *Decides* to proclaim the first Monday in May as the International Day of Hope
2. *Invites* all individuals, Member States, organizations of the United Nations system and other international and regional organizations, as well as civil society, including non-governmental organizations and individuals, to observe the International Day of Hope in an appropriate manner, including through education and public awareness-raising activities;
3. *Requests* the Secretary-General to bring the present resolution to the attention of all Member States, organizations of the United Nations system, and civil society organizations for appropriate observance. INSERT NUMBER plenary meeting INSERT DATE.

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